



THE BROWN PAPER BAG

District 4 Newsletter

Volume Issue 11

November 2019

Upcoming District 4 Events

2020 NELA Round Up is holding a Chili Cookoff Sat, Nov 9th from 4-7pm @ 1900 Club (1900 Pine St, Monroe). Chili Contest, Sweet Tooth Auction, 50/50 Raffle, speaker Roy B (6pm), Devil's Toe Spicy Sucker Challenge

New Freedom is having an Anniversary Celebration on Dec 14th @ 1403 Wellerman in West Monroe. Potluck @ 6pm, Sweet Tooth Auction @ 7pm, Speaker @ 8pm

District will hold a Mini Area Assembly on Dec 15th from 3-7pm @ 1900 Club (1900 Pine St, Monroe). Panel representing Area 27 Committees. Great way to experience the service structure of AA.

Download Meeting Guide App @ meetingguide.org

Find up to date meeting list & much more on the NEW district website!



ICYPAA Host Committee elections are Sun, Nov 17th @ 1:15pm in Lafayette. 210 8th St

Monthly Mediation

“No matter how unreasonable others may seem, I am responsible for not reacting negatively. Regardless of what is happening around me I will always have the prerogative, and the responsibility, of choosing what happens within me. I am the creator of my own reality. When I review my day, I know that I must stop judging others. If I judge others, I am probably judging myself. Whoever is upsetting me most is my best teacher. I have much to learn from him or her, and in my heart, I should thank that person. “ — Bill W



The Groups

Keep It Simple

KIS holds open meetings @ 12pm Mon-Fri. There is also a closed meeting Tues & Fri @12pm. Melvin G. leads a BB study on Tuesday at 6 2101 Forsythe, Monroe

Miracles

Mon—Fri 11 am & 5:30 pm 1900 Pine St, Monroe

Café Recovery

Mon-Fri 6:30am Birthday Breakfast last Fri, 12 & 12 1st Wed 1900 Pine St

We Care

8pm Mon-Sat 7pm Sun 1900 Pine St, Monroe

MYPG

Meets every Friday at 8pm

3605 DeSiard St, Monroe

Traditions

Meets Monday, Wednesday and Friday at 5:30pm. 3rd Monday is BB Study

3400 Forsythe Ave, Monroe

Winnsboro 24 Hour Group

Tues, Thurs & Sun @ 7pm. B-day night is last Tues with speaker & meatballs. Sundays are book study 1101 8th St Winnsboro

New Freedom

Meets Mon, Tues, Thurs, Fri and Sat at 8 pm 1403 Wellerman Rd, West Monroe

Twin City Group

Monday 7pm (Business 1st Mon @ 5:30) Tuesday 12pm & 7pm (1st Tues Speaker) Wednesday 7pm (12 & 12 Study) Sat 11am & 5:30pm (BDay Eating Last Sat 11am) Sunday 7pm 220 Claiborne, West Monroe

Monroe Thurs Night Group

BB Topic with Moderator & Discussion Thursdays @ 6:30pm. 3900 Loop Rd, Monroe



The Groups

Hope Heads

**Meets Tuesday, Thurs & Sunday
at 7:30pm
413 Francis St, Rayville**

First Things First

**BB Study Tues @ 7pm
501 Church St, Columbia**

Women Do Recover

**Back to Basics
BB Study
Fridays @ 4:15
610 N 3rd St
Monroe**

Garden District Group

**Meets Mon, Thurs & Sat @ 7pm. Speaker Meeting the last Thurs of the month
1001 Forsythe Ave,
Monroe**

Committee Chair News

Public Information Subcommittee meeting Nov 10th @ 6:00 at 1900 Club. Involvement needed for this important service

**District meets 3rd Tuesday @ 6 pm at the 1900 Club
Service Positions open
*Secretary
*Treatment Chair
*Grapevine**

Have something you would like to see or share in the newsletter? Please contact Sue R @ 318-439-0236

Area Assembly Information

Next Area Assembly is January 18th @ 8am—January 19th @ 12pm at 2301 N MacArthur Dr in Alexandria, LA

District 4

Address:

P.O. Box 5063
Monroe, La. 71201

Phone: (318) 582-0234

E-mail:

louisiana.aa.district4@gmail.com



A.A. Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

12x12

Step 11

“Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out .“

Tradition 11

“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.”

Our Twelve Steps, when simmered down to the last, resolve themselves into the words “love and service”- Dr. Bob