



## THE BROWN PAPER BAG

District 4 Newsletter

Volume Issue 1

January 2019

## Upcoming District 4 Events

**“Journey Through the Big Book Workshop” subcommittee planning meeting is Jan 8th @ 6pm at 1900 Club. Workshop will be in March**

**New Freedom is having a Movie Night & Nachos Sat, Jan 12th @ 9:15 immediately after 8pm AA meeting. Movie is “I Can Only Imagine”. Everyone is welcome. 1403 Wellerman, West Monoe 71291**

**Next 2019 Round Up meeting is Jan 7th @ 6pm at the 1900 Club. Service positions open**

**Pre-register for Round Up for \$20, or registration & t-shirt for \$35.**

**Find up to date meeting list at district website**



### *Monthly Mediation*

When, therefore, we AAs look to the future, we must always ask ourselves if the **spirit** which now binds us together in our common cause will always be stronger than those personal ambitions and desires which tend to drive us apart. . . Though the individual AA is under no human coercion, is at almost perfect personal liberty, we have, nevertheless, achieved a wonderful unity on vital essentials.

For examples, the Twelve Steps of our AA program are not crammed down anybody's throat. They are not sustained by any human authority. Yet we powerfully unite around them because the truth they contain has saved our lives, has opened the door to a new world

– Bill W.



## **Keep It Simple**

**KIS holds open meetings @ 12pm Mon- Fri. There is also a closed meeting Tues & Fri @12pm. Melvin G. leads a BB study on Tuesday at 6 2101 Forsythe, Monroe**

## **Miracles**

**Mon—Fri  
11 am & 5:30 pm  
1900 Pine St,  
Monroe**

**Café Recovery  
Mon-Fri 6:30am  
Birthday Breakfast  
last Fri, 12 & 12  
1st Wed  
1900 Pine St**

## **We Care**

**8pm Mon-Sat  
7pm Sun  
1900 Pine St,  
Monroe**

## **MYPG**

**Meets every Friday  
at 8pm  
Christmas Party  
1st Friday of this  
month.  
3605 DeSiard St,  
Monroe**

## **Traditions**

**Meets Monday,  
Wednesday and  
Friday at 5:30pm.  
3rd Monday is BB  
Study  
3400 Forsythe Ave,  
Monroe**

## **Winnsboro 24 Hour Group**

**Tues, Thurs & Sun  
@ 7pm.  
B-day night is last  
Tues with speaker &  
meatballs. Sundays  
are book study  
1101 8th St  
Winnsboro**

## **New Freedom**

**Meets Mon, Tues,  
Thurs, Fri and Sat  
at 8 pm  
1403 Wellerman Rd,  
West Monroe**

## **Twin City Group**

**Monday 7pm  
(Business 1st Mon @ 5:30)  
Tuesday 12pm & 7pm  
(1st Tues Speaker)  
Wednesday 7pm  
(12 & 12 Study)  
Thursday 12pm & 7pm  
Sat 11am & 5:30pm  
(BDay Eating Last Sat 11am)  
Sunday 7pm  
220 Claiborne,  
West Monroe**

## **Monroe Thurs Night Group**

**BB Study every  
Thursday  
@ 6:30pm.  
3900 Loop Rd,  
Monroe**



## **The Groups**

### **Hope Heads**

**Meets Tuesday,  
Thurs & Sunday  
at 7:30pm  
Rayville**

### **Women Do Recover**

**Back to Basics  
BB Study  
Fridays @ 4:15  
610 N 3rd St  
Monroe**

### **Garden District Group**

**Meets Mon &  
Thurs @ 7pm.  
Speaker Meeting  
the last Thurs of  
the month  
1001 Forsythe Ave,  
Monroe**

## **Committee Chair News**

**We have chair  
positions open for  
District**

- \*Archives**
- \*Answering Service**

**District meets every  
3rd Tuesday @ 6 pm  
at the 1900 Club**

**Come see how AA  
works!**

**Have something you  
would like to see or  
share in the  
newsletter?**

**Please contact Sue R  
@ 318-439-0236**

## **Area Assembly Information**

**Next Area Assembly will be January 19-20th in Alexandria.**

## District 4

Address:

P.O. Box 5063  
Monroe, La. 71201

Phone: (318) 582-0234

E-mail:

Louisiana.aa.district4@gmail.com



## A.A. Preamble

**Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.**

**The only requirement for membership is a desire to stop drinking. There are no dues of fees for A.A. membership; we are self supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.**

## 12x12

### Step 12

**“We admitted we were powerless over alcohol—that our lives had become unmanageable.”**

### Tradition 12

**“Our common welfare should come first; our personal recovery depends on AA unity.”**

*Our Twelve Steps, when simmered down to the last, resolve themselves into the words “love and service”- Dr. Bob*