



## THE BROWN PAPER BAG

District 4 Newsletter

Volume Issue 5

May 2019

## Upcoming District 4 Events

**Monroe Bid for LASCYPAA is having a Kickball Tournament on May 4th @ Kiroli Park starting at 2pm. \$5 for hot dog, chips & drink. Hot Dog Eating Contest, 50/50 Raffle, and Speaker Panel on How It Works.**

**32nd Annual NELA Round Up is May 16th - 19th @ Barak Shrine Temple in Monroe. This is our districts main event for the year. Registration is \$20 at the door. Please join for an amazing line up of speakers, workshops, food, raffle, 50/50 raffle, talent show and fellowship!!**

**1900 Club is having a Founders Day Celebration on June 8th starting at 12pm. More details to come.**

**Serenity By The Sea  
May 3 - May 5 at 149  
Ludwig Ln, Grand  
Isle, LA**

**Southeast Louisiana  
Spring Roundup May  
24 - May 26 in  
Covington, LA**

**Download Meeting  
Guide App at  
[meetingguide.org](http://meetingguide.org)**

**Find up to date  
meeting list at  
the NEW district  
website**

[ladistrict4.org](http://ladistrict4.org)

### *Monthly Mediation*

"It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirement for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them." — Bill W.



## **The Groups**

### **Keep It Simple**

**KIS holds open meetings @ 12pm Mon-Fri. There is also a closed meeting Tues & Fri @12pm. Melvin G. leads a BB study on Tuesday at 6 2101 Forsythe, Monroe**

### **Miracles**

**Mon—Fri 11 am & 5:30 pm 1900 Pine St, Monroe**

### **Café Recovery**

**Mon-Fri 6:30am Birthday Breakfast last Fri, 12 & 12 1st Wed 1900 Pine St**

### **We Care**

**8pm Mon-Sat 7pm Sun 1900 Pine St, Monroe**

### **MYPG**

**Meets every Friday at 8pm**

**3605 DeSiard St, Monroe**

### **Traditions**

**Meets Monday, Wednesday and Friday at 5:30pm. 3rd Monday is BB Study**

**3400 Forsythe Ave, Monroe**

### **Winnsboro 24 Hour Group**

**Tues, Thurs & Sun @ 7pm. B-day night is last Tues with speaker & meatballs. Sundays are book study 1101 8th St Winnsboro**

### **New Freedom**

**Meets Mon, Tues, Thurs, Fri and Sat at 8 pm 1403 Wellerman Rd, West Monroe**

### **Twin City Group**

**Monday 7pm (Business 1st Mon @ 5:30) Tuesday 12pm & 7pm (1st Tues Speaker) Wednesday 7pm (12 & 12 Study) Thursday 12pm Sat 11am & 5:30pm (BDay Eating Last Sat 11am) Sunday 7pm 220 Claiborne, West Monroe**

### **Monroe Thurs Night Group**

**BB Study every Thursday @ 6:30pm. 3900 Loop Rd, Monroe**



## **The Groups**

### **Hope Heads**

**Meets Tuesday,  
Thurs & Sunday  
at 7:30pm  
413 Francis St  
Rayville**

### **Women Do Recover**

**Back to Basics  
BB Study  
Fridays @ 4:15  
610 N 3rd St  
Monroe**

### **Garden District Group**

**Meets Mon &  
Thurs @ 7pm.  
Speaker Meeting  
the last Thurs of  
the month  
1001 Forsythe Ave,  
Monroe**

## **Committee Chair News**

**Round Up committee  
meets every Monday  
@ 6pm at 1900 Club.  
Help is still needed  
for the Round Up**

**District meets every  
3rd Tuesday @ 6 pm  
at the 1900 Club**

**Come see how AA  
works!**

**Have something you  
would like to see or  
share in the  
newsletter?  
Please contact Sue R  
@ 318-439-0236**

## **Area Assembly Information**

**Next Area Assembly is August 17th @ 8am—August 18th @  
12pm at 2301 N MacArthur Dr in Alexandria, LA**

## District 4

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### **A.A. Preamble**

**Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.**

**The only requirement for membership is a desire to stop drinking. There are no dues of fees for A.A. membership; we are self supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.**

### **12x12**

#### **Step 5**

**“Admitted to God, to ourselves and to another human being the exact nature of our wrongs.”**

#### **Tradition 5**

**“Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.”**

*Our Twelve Steps, when simmered down to the last, resolve themselves into the words “love and service”- Dr. Bob*