



## THE BROWN PAPER BAG

District 4 Newsletter

Volume Issue 4

April 2019

## Upcoming District 4 Events

**Roundup presents “Womanless Beauty Pageant” on April 20th @ 1900 Club. Contestants needed! Sweet Tooth Auction, 50/50 Raffle, Door Prize Raffle. \$5 Entry and \$5 suggested donation for Potluck.**

**Monroe Bid for LASCYPAA is having a Kickball Tournament on May 4th @ Kiroli Park starting at 2pm. \$5 for hot dog, chips & drink. Hot Dog Eating Contest, 50/50 Raffle, and Speaker Panel on How It Works.**

**1900 Club is having a Founders Day Celebration on June 8th starting at 12pm. More details to come.**

**Pre-registration for Round Up is \$15 until May 1st. After and at the door is \$20. Pre-register & t-shirt for \$30.**

**St Louis Spring Fling Convention, April 26th -28th. Details @ [springflingstl.com](http://springflingstl.com)**

**Find up to date meeting list at [district website](http://district4.org)**

**Ladistrict4.Word  
Press.com**

### *Monthly Mediation*

“We demanded that the world give us happiness and peace of mind in just the particular way we wanted to get it – by the alcohol route. And we weren’t successful. But when we take time to find out some of the spiritual laws, and familiarize ourselves with them, and put them into practice, then we do get happiness and peace of mind. There seem to be some rules that we have to follow, but happiness and peace of mind are always here, open and free to anyone.” – Dr. Bob and The Good Oldtimers



## **Keep It Simple**

**KIS holds open meetings @ 12pm Mon- Fri. There is also a closed meeting Tues & Fri @12pm. Melvin G. leads a BB study on Tuesday at 6 2101 Forsythe, Monroe**

## **Miracles**

**Mon—Fri 11 am & 5:30 pm 1900 Pine St, Monroe**

## **Café Recovery**

**Mon-Fri 6:30am Birthday Breakfast last Fri, 12 & 12 1st Wed 1900 Pine St**

## **We Care**

**8pm Mon-Sat 7pm Sun 1900 Pine St, Monroe**

## **MYPG**

**Meets every Friday at 8pm**

**3605 DeSiard St, Monroe**

## **Traditions**

**Meets Monday, Wednesday and Friday at 5:30pm. 3rd Monday is BB Study**

**3400 Forsythe Ave, Monroe**

## **Winnsboro 24 Hour Group**

**Tues, Thurs & Sun @ 7pm. B-day night is last Tues with speaker & meatballs. Sundays are book study 1101 8th St Winnsboro**

## **New Freedom**

**Meets Mon, Tues, Thurs, Fri and Sat at 8 pm 1403 Wellerman Rd, West Monroe**

## **Twin City Group**

**Monday 7pm (Business 1st Mon @ 5:30) Tuesday 12pm & 7pm (1st Tues Speaker) Wednesday 7pm (12 & 12 Study) Thursday 12pm & 7pm Sat 11am & 5:30pm (BDay Eating Last Sat 11am) Sunday 7pm 220 Claiborne, West Monroe**

## **Monroe Thurs Night Group**

**BB Study every Thursday @ 6:30pm. 3900 Loop Rd, Monroe**



## **The Groups**

### **Hope Heads**

**Meets Tuesday,  
Thurs & Sunday  
at 7:30pm  
Rayville**

### **Women Do Recover**

**Back to Basics  
BB Study  
Fridays @ 4:15  
610 N 3rd St  
Monroe**

### **Garden District Group**

**Meets Mon &  
Thurs @ 7pm.  
Speaker Meeting  
the last Thurs of  
the month  
1001 Forsythe Ave,  
Monroe**

## **Committee Chair News**

**Need a service  
commitment?  
District has many  
opportunities for  
service**

**District meets every  
3rd Tuesday @ 6 pm  
at the 1900 Club**

**Come see how AA  
works!**

**Have something you  
would like to see or  
share in the  
newsletter?  
Please contact Sue R  
@ 318-439-0236**

## **Area Assembly Information**

**Next Area Assembly is April 6th @ 8am-April 7 @ 12pm at 2301  
N MacArthur Dr in Alexandria, LA**

## District 4

Address:

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## A.A. Preamble

**Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.**

**The only requirement for membership is a desire to stop drinking. There are no dues of fees for A.A. membership; we are self supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.**

## 12x12

### Step 4

**“Made a searching and fearless moral inventory of ourselves.”**

### Tradition 4

**“Each group should be autonomous except in matters affecting other groups or AA as a whole.”**

*Our Twelve Steps, when simmered down to the last, resolve themselves into the words “love and service”- Dr. Bob*